

MEET THE RUSHCLIFFE SOCIAL PRESCRIBING SOUTH TEAM



THE SOUTH TEAM SOCIAL PRESCRIBING

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Hello from your Social Prescribers! Some of you may already have worked with us, but now you have the chance to see what we look like! We have had over 200 referrals from your GPs and Nurses over the last year and we just wanted to tell you a bit about the social prescribing service and how you can access it.

Did you know that a third of GP appointments are for non medical matters?
That's where we come in.

Our main goal is to give you time to tell us what's important to you and your continuing health care. Our priority is your health, wellbeing and quality of life. We can support you to access lots of different things like, counselling, benefit advice, weight loss services, community groups and referrals to specialist support, or just information about a certain condition or diagnosis. If you have always wanted to do something for your community we can help look at volunteering opportunities. We also offer one to one goal based support to maximize your wellbeing to help to make the changes you want to. The list is endless! We work closely with the Practice and we all keep each other up to date. If your GP or Nurse offers you Social Prescribing, please give it a go!
If you are interested in using our service contact your GP surgery.



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